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| **General Instructions**1. Total manuscript limit is 3000 words, including Abstract and References.
2. Sentences cannot start with a number, unless the number is spelled out.
3. No patient identifying information can be included.
4. The manuscript sections should include Title, Authors, Abstract, Introduction, Review (to include the main text with subheadings), Conclusions, and References.
5. A maximum of 3 Figures and / or Tables can be included within the manuscript per authors’ placement preference.
6. Figures / Tables should be included within the body of the manuscript (multiple images can be included into a single figure.
7. Figure legend should be not included in the Figure and should be separate word text below it.
8. Table title or legend should be not included in the Table and should be separate word text above it.
9. Use Times New Roman font size 12, Double-spaced lines, Use Continuous line numbering,
10. Use brackets for figure and table numbers in bold, e.g. **[Table 1, Figure 1]**, both at the end of each sentence before the period.
11. *et al.* within the text should be italicized.
12. Avoid the use of commercial or proprietary names or techniques.
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2. Multiple images can be included into a single figure by pasting them into a Word document and saving as a JPEG file. Alternatively, applications such as Canva.com, PicCollage.com, and PhotoCollage.com can be used to create multi-image figures, for example, this is a single figure with two images:
3. The figure’s legend should be text written outside and below the figure it is referencing.
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**TITLE**

**ABSTRACT**

1. The Abstract should not exceed 300 words and must be written as one unstructured paragraph.

**INTRODUCTION**

1. This section should briefly lay out the topic to be reviewed and why.

**REVIEW**

1. This section consists of the main text, with subheadings to be created per author preference.
2. Lay out the different aspects of the topic being reviewed with subheadings in a practical and easily understandable order.
3. Provide references from the literature whenever possible.

**CONCLUSION**

1. Limit this section to one paragraph.
2. No reference number should be cited in this section.

**DECLARATION OF CONFLICT OF INTEREST**

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2. If no author(s) have a conflict, state: “The authors do NOT have any potential conflicts of interest related to the content presented in this manuscript.”

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**ACKNOWLEDGEMENT**

1. All persons who have made substantial contributions, but have not met the criteria for authorship, should be acknowledged here. Examples include somebody who provided technical help, writing or administrative assistance, or the head of the department that provided general support.

**REFERENCES**

1. A maximum of 30 references are allowed.
2. The reference style must be AMA style. Reference numbers must be superscript Arabic numerals. Use superscript numerals outside periods and commas, and inside colons and semicolons without space. References must be in numerical order in the text. Examples:
	1. \_The two largest studies to date included 35 patients2 and 40 patients.3
	2. \_The derived data were as follows3,4:
	3. \_As reported previously,1,3-8,19